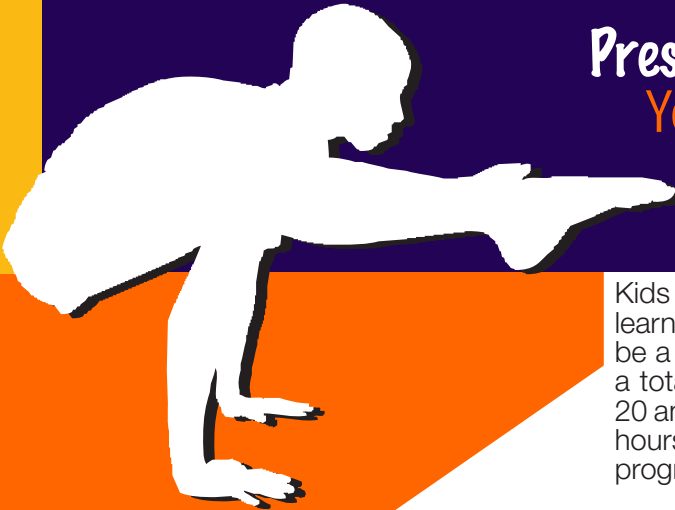


YOGA ANGELS and OM SUITE HOME

Presents

Yoga Angels Teachers Training Workshop April 18 - 27, 2008



Kids Yoga Workshop: Join us for two weekends of 20 hours learning to teach yoga to kids. Each weekend is 20hrs and can be a stand alone weekend. We recommend both weekends a total of 40hrs for a deeper and extensive experience! The 20 and 40 hours weekends are applicable to Yoga Angels 200 hours Teacher Certification Program-RYT. Please see level one program for a list of topics to be covered on both weekends.

Price

Weekend One: \$485.00

Weekend Two: \$485.00

Both Weekends: \$845.00
Savings= \$125.00

3 Days Kids Camp: \$105.00

Week One

Overview of teaching yoga to children. Special emphasis on the younger ages 3--6, Pre-K, 2nd grade.

Schedule:

April 18th Friday from 6:00pm-10:00pm

April 19th Saturday

April 20th Sunday

Time: 10:00am---6:00pm (8hrs days)

Weekend Two

Overview of teaching yoga to children with emphasis on young adults (tweens and teens) ages: 7-12 Tweens & 13 & up Teens.

Schedule:

April 25th Friday from 6pm-10 pm

April 26th Saturday

April 27th Sunday

Time: 10:00am 6:00pm (8hrs days)

SUNDAY THE 20TH 7 - 9:00PM

Full Moon Celebration

Out with the OLD in with the NEW! Life Review, Mediation & Visualization. Spend two powerful hours opening up and releasing old patterns making space to welcome new changes.

Kids Yoga Camp - Ages 5-12

Fun, inspiring and educational!

Children will create a yoga Performance for their families and friends demonstrating their "Yoga Ability" in a Showcase.

The performance is after the class on that last Friday. (Class is from 4-6, and performance 6:00- 6:30)

April 22th Tuesday

April 24th Thursday

April 25th Friday

Time: 4:00 - 6:00pm.

April 25th Friday Kids Yoga Showcase, 6:00-6:30pm

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